



2018

East Valley
Intergroup, Inc.
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NO BOOZE NEWS

Rocks, Stones and Pebbles; My conscience would never let me rest

Coming to Alcoholics Anonymous from a pit of despair was the best decision I have ever made. My life up to that point was in shambles and I was desperate enough to seek outside help. Understanding the part that alcohol played in my life, up to that point, was difficult but I knew that if I didn't get a grip on reality, I was going to self destruct and the progression of the problem was like going ninety miles an hour down that dead end street.

Hope was established immediately as I was introduced to the possibility that I could be restored to a life that was free of the mental torment that I had been experiencing since childhood. The answers to all of my problems came in the form of a *Profound Change of Perception* concerning *how I perceived myself*. With very little discipline or structure in my upbringing, I was insecure and afraid that I would never meet up with the standards of my peers and as the results of that way of thinking, I developed a dishonest and selfish lifestyle which eventually caught up with me in the form of a guilty conscience. My drinking solved that problem for a time but when the tolerance for alcohol wore off, I found myself back in that pit of despair. When I looked in the mirror, I hated what I saw and I could no longer drink it away. Like everyone else, when introduced to the program, I first had to stop the (emotional) bleeding by dealing with the current issues that I had been neglecting such as: pay the rent, pay the traffic ticket, clear the beer cans off my dresser..... Then I could give the steps of the program the attention they would need if I wanted the relief that they promised. Without even being aware of it, the process had begun. With a new attitude of willingness, and attending as many meetings as I could, I was already getting rid of many of the obvious habits of dishonesty, neglect, irresponsibility, and the like.

Next, I was faced with my biggest challenge which came in the form of *The Wreckage of the Past* that many refer to as a *Sack of Rocks*. If we ever want to be free of the guilt and the shame CAUSED BY the regrettable memories that we have been harboring, in our conscience, we will have to address these issues *when we become strong enough*. My sack contained a few Rocks that were obvious, a handful of Stones, and abundance of, less threatening, pebbles that were not that obvious to me at the time. Addressing steps 4, 5, 8, and 9 concerning these issues became my greatest challenge and my first instinct was to skip over the most embarrassing memories. That idea, I think, is common in many of us, when first faced with reparation process. I gave it my best shot at first but left out a few of the Rocks due to my ego, but my conscience would never let me rest. Later, when, as the result of the progress I had made in the program, I became stronger and had the determination to *revisit those more glaring issues* and clean the slate. Had I not done that, I believe the rest of the program would have been a shallow façade and I would never have attained the peace of mind that I enjoy today.

The Stones were the things that got most of the attention as I did the steps initially. As I became stronger, I took that leap of faith and tackled the Rocks. After cleaning up those issues, the rest of the program became easy. No more denial and much more peace of mind. So I'm finished, Right? Not so fast Huckleberry! Now I become aware of the less threatening pebbles in the form of the selfish motives in my day to day decision making which I will gladly correct, one pebble at a time as I become aware of them and it is a joy to rid myself of the things that used to plague me and today, life is good.

Rick R., Arizona

In his opening at a recent meeting the Chairperson concluded his remarks by naming the topic and then added " ...or anything else you want to talk about." This has been standard practice for as long as I can remember. I frequently speak off-topic even when not invited to do so.

We went around the circle and someone chose to speak about a tragedy that had just occurred in her life. The Chair interrupted her and admonished her to stick to the topic. She clasped her hands between her knees and put her head down and passed. The meeting proceeded as usual. Later I was told that, as an old-timer I should have spoken out and told the Chair that it is our custom in AA to allow anyone to speak whatever is on their minds. This is especially true for newcomers and those who are experiencing pain and difficulties that they wish to share.

The Chair's action was abhorrent but what about my inaction? We say in our format that we should not criticize others. Should I have intervened and told the Chair that he was wrong and that the young woman, now blushing and trembling should continue speaking? Would she have done so? Would the Chairperson not have told me that he was conducting the meeting and it was not my turn to speak? Well, that's true but don't I owe it to that newcomer to speak out regardless of the misbehavior of the Chair?

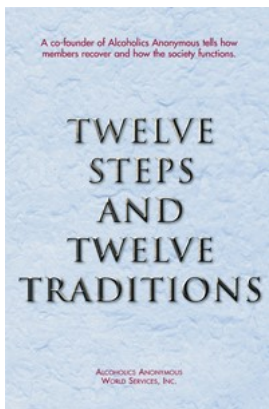
Ever been in a meeting in which some sharer didn't get interrupted with "WHAT IS YOUR NAME"? I'm disgruntled (chronically so) to hear the questioner, usually in a high voice shout "WHAT IS YOUR NAME"? On a personal note, madam, it is absolutely none of your business what my name may be. And as an exercise in principles, dear, you might reflect on the name of the organization, Alcoholics *Anonymous*. Every asinine habit that gets inculcated into a newbie at a treatment home need not make it into our meetings.

Which brings me to chanting. Why do we have to say, (and I'll admit that I sometimes take my hearing aids out at about five minutes to the close of meetings so this is how I hear what I think is being chanted) "Takelt CauseYouMakeltandYourWorthItWhenYouWorthItCause YouFakeltTillYouMakeltAndKeep-Comin'BackItWorksWhenYouWorkIt".

And then there is the matter of crosstalk. Thirty years ago in AA this meant that you do not address *any* remarks directly to another person who has shared. Now it is common for a newcomer to identify as such and then many of the attendees speak directly to the newcomer telling him/her to hold on or read the Big Book or go to ninety meetings in ninety days or get a sponsor or trust God and clean house, etc. These are good people who are trying to help a suffering alcoholic. But if I were that newcomer who was now the center of attention of all these strangers, I would never come back. What should have happened? The Chair should have said, "We're glad you came to this meeting. If you will stay after the meeting there are people here who would be glad to help you."

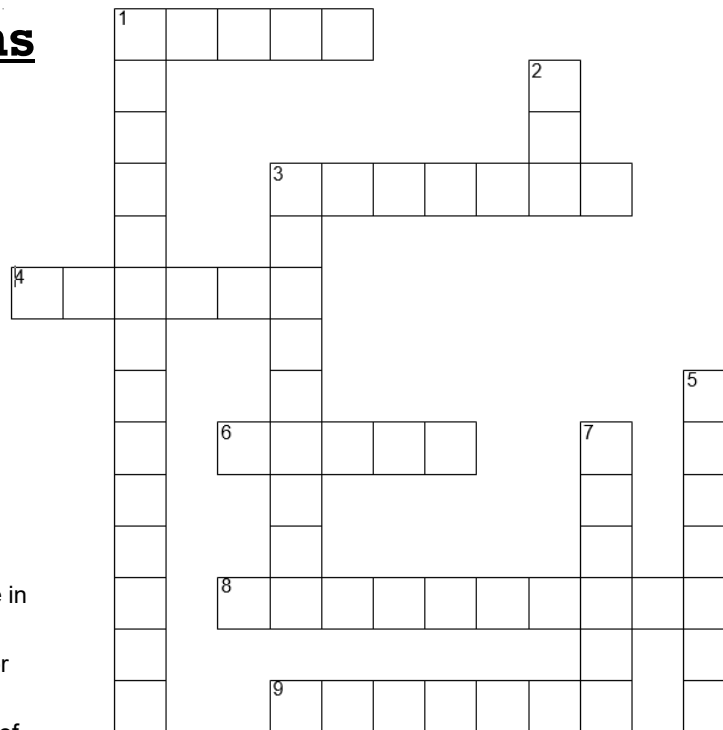
At most meetings there are no particular qualifications to conduct a meeting. And the only requirements to become an old-timer are "Don't Drink and Don't Die." But so many people helped us in so many ways when we first came in. Don't we owe it to them and to the newcomer to Pass It On? Don't Make It Up. Pass It On.
Jerry F., Gilbert, AZ

Steps And Traditions



ACROSS

- 1 "Relieve me of the bondage of self" is a line in this step's prayer.
- 3 The only step you have to do perfect and for many, the most difficult one to take.
- 4 Revealing a person's identity as a member of Alcoholics Anonymous would break this tradition.
- 6 Hiring doctors or therapists on behalf of AA to treat members of Alcoholics Anonymous would break this tradition.
- 8 Practicing this step can result in a closer personal relationship with a higher power.
- 9 This step suggests we take an honest look at our actions daily, recognize where we may have fallen short and quickly repair our mistakes.



DOWN

- 1 The Foundation of Alcoholics Anonymous is that the solution to our drinking problem lies here.
- 2 An AA group that has a particular political leaning would violate this tradition.
- 3 This step is concerned with personal relations.
- 5 "Grant me strength as I go out from here, to do Your bidding" is the last line in this step's prayer.
- 7 Advertising the fellowship of Alcoholics Anonymous on a tv commercial would violate this tradition.

Friends of AA

March Newsletter

Across

1. Lois
5. Silkworth
6. Thatcher
7. Ignatia
9. OxfordGroup
10. Hazard
11. Dowling

Down

2. Seiberling
3. MartyMann
4. Rockafeller
8. Jung

EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



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Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ *No Booze News* Subscription / Renewal (\$12.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

Committees of Interest

Check only those you are willing to serve on

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

VERDE VALLEY ROUNDUP

APRIL 13 ~ 15

VERDE VALLEY FAIRGROUNDS

COTTONWOOD AZ.



ROUNDUP IN ROCKY POINT

APRIL 27 ~ 29

GRANADA DEL MAR HOTEL

PUERTO PENASCO, MEXICO

TRI STATE ROUNDUP

MAY 17 ~ 20

RIVERSIDE RESORT

LAUGHLIN NV



Meal and a Message

Saturday, April 14th 2018

Dinner at 6:00pm

Speaker at 7:30pm

1525 N Power Rd. Mesa

(Love of Christ Lutheran Church)

Contact Fred P for tickets

Valley of the Sun Founders' Day 2018

June 9th, 2018

9:45am to 5:00pm

2121 S Rural Rd. Tempe AZ

Free Lunch

Monthly Campfire Meeting

Last Saturday of the Month @7:30pm

2757 E Guadalupe Rd.

Gilbert AZ

Riparian Preserve and Water Park

(take Cattail Crawl Trail to Honey Bee Point)

Area 03

2018 Pre Conference Assembly

April 6th - 8th, 2018

7600 E Broadway Blvd.

Tucson, AZ

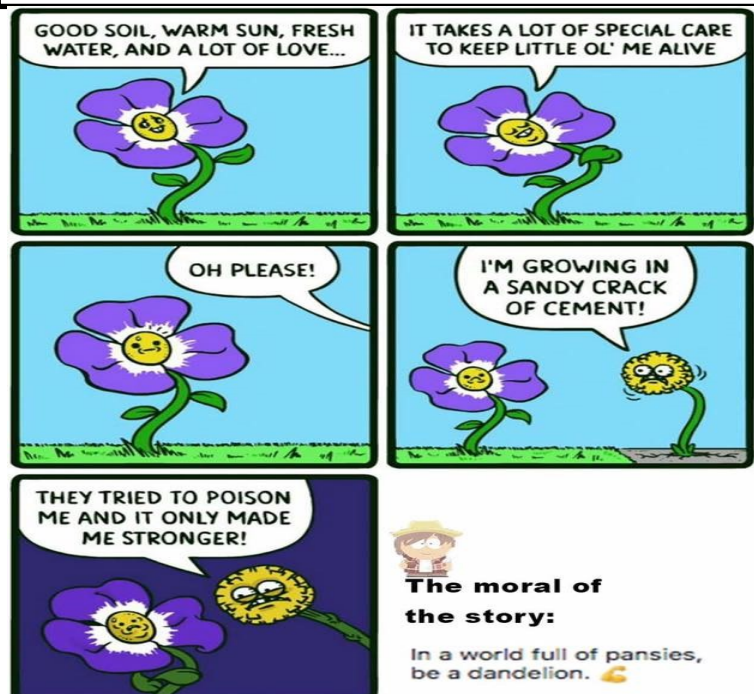
(Hilton Tucson East)

2018 Post Conference Assembly

June 16th, 2018

Tombstone, AZ

Delegates report from the 2018 GSC



THIS COMIC MADE POSSIBLE THANKS TO ALEXANDER W

MRLOVENSTEIN.COM



Name	Date	Days
Dan H.	4/2/1973.....	16436
Richard C.	4/23/1979.....	14245
Harry R.	4/17/1980.....	13879
Frank B.	4/20/1980.....	13879
Roy T.	4/12/1981.....	13514
Bill O.	4/19/1982.....	13149
Carol H.	4/22/1983.....	12784
Rita H.	4/21/1984.....	12418
Mike F.	4/23/1985.....	12053
Jack H.	4/1/1986.....	11688
Jennifer B.	4/20/1986.....	11688
Julie V.	4/25/1987.....	11323
Willard K.	4/4/1988.....	10957
Kevin F.	4/4/1988.....	10957
Jeff M.	4/8/1988.....	10957
Melanie M.	4/15/1988.....	10957
Julie C.	4/19/1988.....	10957
Sam W.	4/28/1988.....	10957
Shawn B.	4/1/1989.....	10592
Erica W.	4/5/1989.....	10592
Dave L.	4/7/1989.....	10592
Larry C.	4/15/1989.....	10592
Tim M.	4/4/1991.....	9862
Debra C.	4/18/1991.....	9862
Larry S.	4/7/1993.....	9131
Dave C.	4/28/1993.....	9131
Peggy H.	4/15/1996.....	8035
Eddie O.	4/10/1997.....	7670
Tom C.	4/22/1997.....	7670
Tammy R.	4/24/1997.....	7670
Michael R.	4/9/1999.....	6940
Jim B.	4/15/1999.....	6940
Michael F.	4/8/2000.....	6574
Scott C.	4/2/2001.....	6209
Sharon K.	4/6/2001.....	6209
Jeff H.	4/4/2002.....	5844
John J.	4/5/2002.....	5844
John B.	4/10/2002.....	5844
Gail H.	4/25/2002.....	5844
Arturo C.	4/10/2003.....	5479
Chrystal C.	4/21/2003.....	5479
Bart M.	4/1/2004.....	5113
Chris K.	4/22/2006.....	4383
Rhonda C.	4/10/2008.....	3652
Paul T.	4/11/2009.....	3287
Warren S.	4/21/2009.....	3287
Maegan W.	4/24/2009.....	3287
Christopher M.	4/4/2010.....	2922
Maureen V.	4/6/2010.....	2920
Tommy C.	4/15/2011.....	2557
Guy S.	4/29/2011.....	2557
Jen B.	4/30/2011.....	2557
Michael S.	4/20/2012.....	2191
Mary W.	4/17/2014.....	1461
Judy R.	4/19/2014.....	1461
Hailey T.	4/22/2014.....	1461
Tom J.	4/4/2015.....	1096
Angie S.	4/6/2015.....	1096
Molly M.	4/14/2015.....	1096
Lynette M.	4/24/2015.....	1096

Step Four~ Made a searching and fearless moral inventory of ourselves.

Tradition Four~ Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Concept Four~ At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

The trouble with staying home alone and isolating is you get a lot of bad advice. -- David F., Manhattan, N.Y.

At Wit's End

A SKEPTICAL NEWCOMER JUST COULDN'T SEE how the first drink could get her drunk. A seasoned old-timer helped out: "When you get run over by a train, which kills you--the locomotive or the caboose?" -- Anonymous

"You know what they say, 'In AA there's a wrench for every nut.'" -- Anonymous

"Drinking didn't drown my problems, it irrigated them." -- Dick L., New Westminster, British Columbia

HOW CAN YOU TELL the difference between a sponsor and a therapist? The only time a sponsor uses the word "closure" is before the word "mouth." -- Andrew D.

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Things We Can Not Change

David B. a long time member of our fellowship and Intergroup volunteer has passed from this world. His life and sobriety helped many and he will be missed.

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

The office

EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

Workshops can be done at your Group !

For more information

Beth H

EVI Sponsorship Workshop

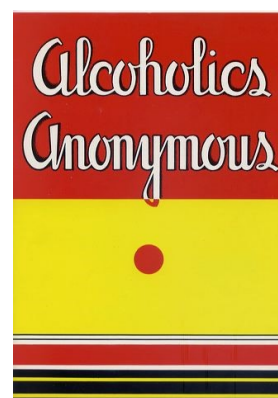
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

May 5th - Upon Awakening

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

For more info contact the office.

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N Dobson Rd Chandler

contact: Deana E.

EVI Monthly Speaker Meeting

1st Friday of Every Month

Meeting Now At 7:30pm

Antioch Community Church

1125 North Dobson Road, Chandler

April 6th - Bloopers

May 4th - Women in Gratitude

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

*** Fill In shifts available now***

Central Office Manager's Report

March 16, 2018

February was a busy short month. We assisted 428 people at the office in January with 11 of those resulting in 12 step calls. Our website stayed busy too. It had 43,558 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for January were 10,195 views, of those 168 visited our website and 76 asked for directions.

We have had good response from events wanting to use the 100 cup coffee pots and signs. The 100 cup pot, 40 cup pot and the EVENT signs are available for Group use at events. Just call the office to reserve them, sign them out and bring them back clean.

There are copies of the 2017 Year End Activity Report of your Central Office. Please take a few copies back to your group. This report helps to answer that often asked question "What do you do at the office?" There are also copies of the final 2017 Group Contribution report on the back table. There were some corrections made so please look it over and if something doesn't match your Group records, let me know.

The weather is warming up and along with it comes the Campout and Roundup season. We have information available on most of the upcoming A.A. events in AZ and surrounding states at the office and in the No Booze News. Please share your IGR newsletter copy with your group and encourage them to subscribe for home delivery.

If your Group has recently had a rotation of officers, please take a Group Update form to your next Group Conscious meeting. Have the new officers fill it out completely and return it to the office or bring it to next month's meeting. It is our policy to have current contact information for at least 2 officers of each group listed in our directories. Thanks for your help with this, it is important to keep this information up to date.

In the spirit of Tradition Eight,
Love and Service

Kim W.
Central Office Manager
East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

.....Feb.	2018
Meeting Information Calls	106 248
General Information	84 268
Referred to Salt River Intergroup	6 11
Referred to Al-Anon.....	11 21
Referred to Community Info.....	0 0
12th Step Calls.....	11 23
Business Calls.....	83 176
Office Visitors.....	127 279
Meeting lists printed.....	800 1800
Info request via E-mail.....	52 96
Desk Volunteers-Reg/Sub/None.....	37/ 2/ 1
Desk Volunteers-Reg HRS YTD.	344 hrs

Web Stats

Website Visits last 30 days 49,407 YTD 92,965
Google Searches last 30 days 10,195 YTD 22,509

Meeting List Updates...

New Meetings:

Rock Solid	600 S Idaho Rd (Copper Room) Apache Junction TU 7:00p O
Sunset Sobriety	4444 E Havencrest Dr. Gilbert MO 5:30 BB, O
	(Power Ranch Clubhouse)
Just A.A.	35244 N. Trica Rd. San Tan Valley

Changes:

Road To Recovery	Is Moving To: 5641 E Albany Mesa
	(1 block north of current location)
Monday Nooners	19729 E San Tan Blvd Queen Creek MO 12:00p now O

Deletions:

Tempe High Noon	1945 E Guadalupe Rd. MO, WE, FR 12 Noon
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East Valley Intergroup
1320 E. Broadway Rd. # 105
Mesa, AZ 85204

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

*** NEW ***
Area 03 Treasurer
PO Box 18765
Tucson, AZ 85371

*** NEW ***

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820
PO Box 20404
Mesa, AZ 85277

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that
support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



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from the pamphlet Self Support.

GROUP CONTRIBUTIONS



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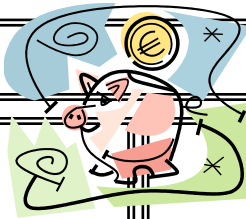
GROUP	Feb.	YTD
11th Step Candlelight		\$0.00
12 X 12 @ 12		\$0.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
A Vision For You Group		\$111.00
ABC Group		\$0.00
AHA! It's Monday		\$100.00
Ahwatukee Daybreak Serenity		\$0.00
Ahwatukee Group		\$0.00
Ahwatukee Nooners.....	\$150.00	\$150.00
Ahwatukee Saturday Men's	\$162.59	\$211.24
Ahwatukee Women's Group	\$132.13	\$132.13
Arbor Daily Noon Group.....	\$200.00	\$400.00
As You Wake Up		\$0.00
Attitude Adjustment CG		\$50.00
Attitude of Gratitude		\$0.00
Basic II		\$0.00
Bloopers		\$60.00
Bootstrap Men's		\$0.00
Breakfast Club		\$0.00
Busted Ego.....		\$160.00
By The Book		\$79.31
Chandler Men's Stag Group		\$80.00
Chandler Noon Group	\$136.00	\$220.80
Chandler Women's Big Book Group		\$0.00
Cold Coffee Group		\$0.00
Common Solution		\$0.00
Copper Basin Group		\$0.00
Courage To Change.....		\$0.00
Daily Reflections Group		\$0.00
Day At A Timers		\$0.00
East Valley Men's Stag.....	\$150.00	\$150.00
Easy Does It Group	\$88.87	\$177.74
Experience, Strength and Hope		\$0.00
Eye Opener Group		\$0.00
Family Recovery Group		\$0.00
Feelings & Solutions.....		\$75.00
Firehouse Meeting		\$50.00
Florence Group		\$0.00
Friday Night Big Book Study		\$0.00
Friends Of Bill W.		\$614.23
Get It Together.....	\$614.23	\$0.00
Gilbert Gals		\$0.00
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics		\$400.00
Grateful Dames		\$0.00
Grateful Girlfriends	\$70.00	\$70.00
Gratitude Group		\$0.00
Great Start.....	\$200.00	\$200.00
Gut Level		\$96.00
Happy Hour @ Sunbird.....		\$251.69
Heard It Thru The Grapevine		\$0.00
Into Action		\$0.00
Inwardly Reorganized.....		\$0.00
Keep It Simple.....		\$0.00
Keepin It Real Ladies		\$0.00
Life In The Big Book	\$31.50	\$83.60
Maricopa 12 X 12		\$20.00
Maricopa Group		\$0.00
Mid-Morning Group.....		\$0.00
Monday Night Madness		\$35.00
Morning After Group		\$150.00
Name In The Hat.....		\$0.00
New Beginnings.....	\$60.00	\$200.00
New Hope Group	\$10.00	\$60.00
New Spirit Group		\$300.00
No Name AA Group		\$0.00
Not A Glum Lot.....		\$100.00

GROUP	Feb.	YTD
Pioneer Group		\$0.00
Price Is Right		\$0.00
Primary Purpose BB Study.....		\$0.00
Primary Purpose Group		\$0.00
Prime Time.....		\$0.00
Progress Rather Than Perfection		\$0.00
Puttin' Sober East		\$0.00
Putting God First		\$950.00
Queen Creek Saturday Speaker.....		\$0.00
Re-Awakening Group		\$0.00
Remember When		\$0.00
Renewed Spirit.....		\$0.00
Right Place Women's		\$0.00
Rising Spirit.....		\$0.00
Road To Recovery	\$765.58	\$942.54
Rock Solid	\$25.00	\$25.00
Second Chance Group		\$0.00
Seniors In Sobriety-Tempe.....		\$0.00
Serenity At Six.....		\$0.00
Shade Tree.....		\$0.00
Sisterhood Of Solutions		\$125.00
Sobriety is Gold		\$0.00
Sobriety Rocks		\$0.00
Society Group		\$0.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$0.00
Southeast Valley Stag	\$250.00	\$250.00
Spirited Women		\$112.50
Step By Step Group		\$0.00
Stepping Stones	\$60.00	\$60.00
Sunday Morning Women.....		\$0.00
Sunday Night BB Step Study	\$79.78	\$79.78
Sun Lakes Women	\$92.00	\$92.00
Sunland Serenity Seekers.....	\$117.00	\$117.00
Sunset Group	\$15.00	\$30.00
Tempe Group		\$100.00
Tempe Nooners	\$25.00	\$75.00
Tempe Sunrisers		\$0.00
Tempe Young People.....		\$0.00
The Library		\$0.00
The Real Thing		\$0.00
The Way Out Group	\$200.00	\$400.00
Thursday Night Step Group.....		\$0.00
Tuesday Night Steppin Out		\$0.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group		\$0.00
Upon Awakening.....	\$700.00	\$700.00
We Ain't Dead Yet.....		\$0.00
We Agnostics		\$200.00
We Can Group		\$66.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's.....		\$40.00
Who's Driving Your Bus?.....		\$0.00
Wolf Pack Group.....		\$50.00
Women in Gratitude.....	\$59.00	\$105.00
Women in Solution		\$139.63
Women in Touch		\$53.00
*Anonymous Groups.....	\$100.00	\$100.00

OTHER GROUPS/COMMITTEES

Apache Lake Campout.....		\$102.02
SWACYPAA		\$0.00
AZ AA Womens Conference.....		\$500.00
Dist 08-818		\$546.66
Mesa Round Up		\$0.00
Group Totals	\$4,493.68	\$10,287.21
EVI Committees	\$72.00	\$203.65
Individual Contributions	\$334.00	\$534.00
GRAND TOTALS	\$4,899.68	\$11,024.86

(*Group contribution with no group name listed)



BALANCE SHEET February 28, 2018

Assets

Current Assets

Checking	7,819.17
Prudent Reserve (Savings)	24,629.05
Accounts Receivable	913.55
Inventory Asset	21,844.07
Undeposited Funds	

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$56,289.43**

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	109.99
Payroll taxes	173.84

Total Liabilities **\$283.83**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	5,703.22
Net Income	6,523.44

Total Equity **\$56,005.60**

Total Liability & Equity **\$56,289.43**

PROFIT & LOSS STATEMENT February 2018

27 Group contributions totaling	\$4,493.68
2 Individual contributions totaling	\$334.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$72.00
Total Contributions	\$4,899.68
Total Income	\$13,056.14
Less total Cost Of Sales	\$4,158.35
Gross Profit	\$8,897.79
Less total Expenses of	\$5,079.21
Net Feb. Gain	\$3,818.58
YTD 2017 Gain	\$5,556.95

The current Prudent Reserve balance is \$24,629.05
The Prudent Reserve has been
established for 2018 in the amount of \$25,895.52

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Lois L. EVI Treasurer

Traditions Checklist

Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.

1. Do I insist that there are only a few right ways of doing things in AA?
2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?

East Valley Intergroup Business Meeting Minutes

March 16, 2018

Meeting Opened by Ed at 6:59PM with Moment of Silence followed by Serenity Prayer

12 Traditions ready by – Steve

INTRODUCTIONS: Your attendance and participation are appreciated, and visitors are always welcome!

Intergroup Representatives:

New Reps: Kimberly Steppin Stones, Mark Common Thread, Kyle Road to Recovery, Janet Ahwatukee Women's BB, Nina SNBBS Janet E. Ahwatukee Women's Group, Cris Bloopers, Molly G. By The Book, Segrid Chandler Women's BB, Jeff W. Common Thread, Denis W. Friends of Bill W., Anne H. GIT, Ed B. Maricopa Group, Beth M Monday Night Madness, Laura K. New Spirit Group, Chris M. No Name Group, Barb M. QC Nooners, Kyle L. Road to Recovery, Andrea M. Serenity Sisters, Beth Ann T. Sisterhood of Solutions, Jeri H. Sobriety Rocks, Inez Y. The Society, Tom M. Southeast Valley Stag, Kimberly K. Steppin Stones, Ken C. Sunset Group, Collin K The Way Out, Ron N. Tuesday Truggers, Troy S. Tumbleweeds, Keith M. Upon Awakenings, Paul Z. WADY, Gary L. Welcome Home

Committee and other Trusted Servants: (N/P = Not Present)

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Ed B	Advisor - Unity	NP	Phone Chair	NP
Vice Chair	Chuck E.	Office Manager	NP	H&I Liaison	NP
Treasurer	Lois L.	Unity Chair	NP	Spanish Liaison	NP
Secretary	Andrea M	PI/CPC Chair	NP	Alanon Liaison	Rosemary B.
Advisor Special	Steve	Special Events Chair	Deana	DCM 08-818	NP
Advisor - PICPC	Mark	Sponsorship Workshop	NP	DCM 08-819	Jason S.
Advisor - Phones	NP	No Booze News	NP	DCM 08-820	Carol

Secretary's Report: In packet; Welcome new reps, please come up after meeting to pickup a representative guidebook, review Gary-motion, Ken 2nd, passed

Treasurer's Report: Total Contributions \$4899.68, Sales Income \$5212.10, Standing Committee Income \$2941.50, Lois reminded groups the Standing committee income is up due to Anniversary dinner ticket sales, We will see expenses next month for Anniversary dinner that will probably balance that number out. Off to healthy start this year, Net Income for Feb- \$3818.58. Asked groups to review group contribution list. Lois asked groups to check list because Kim received a check with GSO number but no group name. Mark-motion to accept, Denis-2nd, passed

7th Tradition: \$52.00

Chairperson's Report: Ed B – will hold off and introduce topic in new business

Vice Chair's Report: Chuck E.- Report in packet; Reviewed election results for District 8 and motions passed at MCSM. Attended Anniversary Dinner and really enjoyed the dinner. Loved the speakers message that everyone has a little piece to play in AA. Thanked Deana, Steve, and committee for service!

STANDING COMMITTEE REPORTS

PICPC: Mark- Flyers in back for PI/CPC workshop on March 24th, please come and learn about PI/CPC, next meeting is Monday April 2nd

Special Events: Deana- Thanked everyone for help, will know more next but think we are going to break even. Invited everyone to Speaker meeting in April and to join planning for next event-Bowlathon!

Phone Committee: NP

Unity Committee: Eddie-Three new volunteers, mission is to hit groups that are not represented at this meeting. We are looking for participation because groups are the ones who run the Intergroup. Eddie has contact forms and asked reps to please take information, so they can update list. Steve asked about space if more group reps to show

Sponsorship Workshop: NP

Newsletter Editor – NP

Literature- NP

LIASION REPORTS

Alanon Liaison: NP, Ken said she dropped off Flyers in the back.

Sub District 08-818: NP

Sub District 08-819: Jason, reviewed boundaries for 819, invited all to come check out meeting and asked to encourage homegroup GSR's to attend meeting.

Sub District 08-820: Carol, went to PRASSA and loved the experience, did attend a new meeting with opportunity to explain why they should become a group and have vote, QC Meeting Hall Picnic at desert mountain park tomorrow from 4PM -8PM, speaker at 8PM, everyone welcome

OLD BUSINESS:

none

NEW BUSINESS:

Ed introduced 2nd motion to group: explained motion for election of new officers and advisors, Ed turned over to Lois for explanation and reading of motion, Motion would then have election in 2019 for 8 positions, Lois pointed out note that this would circumvent procedures and requirements (section 4.2.2.1), but this would be for this election only. Lois review Steering Committee notes and what changed in motion after discussion. Reviewed what Steering Committee discussed and gave example of Vice Chair to Chair, Open floor to discussion Ken – supports concept of changing but questioned if Bylaw needs to change. Lois explained the bylaws would be changed if motioned passed.

Kyle -questions who this would benefit more and rotating positions is ancillary benefit

Gary L,- What do other Intergroups do? Lois stated that Kim said SRI does rotate every two years. Lois added GSR rotates every two years

Inez- When current procedure was established what was the benefit of rotating elections? Steve explained it was just to keep experience on committee.

Chris- Will this be a simple motion?

Anne- Clarified this would circumvent bylaw to align for 2019 election and then will align with Area, District, and Sub-District? Lois answered yes.

Ed- Ancillary benefits seem to be aligning with other elections, but have not heard what the problem is being solved? Lois explained that what was discussed is losing experienced people, Ken explained structure, Mark explained this is not necessarily a problem but there are benefits moving forward.

Kyle- curious if they moved the chair and vice chair to rotate in the same year, Lois explained we discussed but looking to align all positions.

Jason- Wondering if there will be a motion to reflect bylaw changes if motion passes, Lois said yes it will have to change.

Gary L- Share experience from all other intergroups he has experience in and has never seen all people turn over at once. Lois explained it is conceivable to vote in all new officers and advisors.

Steve-reminded room that all positions for Intergroup have sobriety requirements.

Lois- reminded this not a "shoe in" vote for next Chair.

Anne- Is there a requirement for changing bylaws that 2/3 of group must vote yes? Lois answered yes and explained 2/3 of vote is needed

Nina- If you vote yes, then it does not seem to be a like a large procedural change. Nina explained it sounds like we are becoming more efficient with this procedure change. Lois said yes!

Chris- If this does not pass, then the old system stays? Lois answered yes and then another motion could be brought to the floor.

Steve- when you vote everyone in, then it gives up opportunity to vote in best candidate. We want more candidates and people who serve

Ed B.- Is there a restriction in bylaw that Vice cannot stand for Chair? Ken explained no, but a new VC would then need to be voted in.

Ed (Chair)- need to take this back to groups and be ready to vote at April business meeting.

ANNOUNCEMENTS:

08-818 hosting Meeting at GIT April 21st Sat night, Maegan W is speaker, 7PM is social hour

Group Problems & Solutions: none

Close Meeting: Motion to close- Ken, 2nd all! Close with Statement of Responsibility

Thank you,

Andrea M.

A friend of mine way back in my drinking days wore a T-shirt that said "I'm not an alcoholic, I'm a drunk. Alcoholics go to meetings." How unmanageable does my life have to become before I admit I'm powerless over alcohol?

A friend of mine was run over by a semi truck because he was driving drunk. He survived but broke his neck. It was the same break as Christopher Reeves who played Superman in the 80's. My friend was put in a halo to help the healing process. A mutual friend took him to physical therapy until the therapist rejected to see him until he came in sober. Their friendship ended because he would not watch our friend drink away his physical therapy. There are stories of people drinking and domestic violence, jail or prison, liver cirrhosis, losing jobs and even get kicked out of rock bands if they can't function while drinking. Humorous stories of when you pissed all over your friend's kitchen counter because you were so drunk you didn't realize you weren't in the bathroom. There was that time your friends drew on your face and fed you bugs when you were passed out. This is not my life's history of being unmanageable, but every story above happened to the same friend who wore that T-shirt with the funny drunk saying on it. You must understand, I don't have a problem drinking, he does. I am not powerless over alcohol-my life is not unmanageable. My friend is the alcoholic.

My nickname in high school was Eeyore and I have a tattoo to prove it. I was the depressed teenager throughout school and had no idea what happiness was; until I had my first drink at seventeen and then my first drunk at eighteen. Eeyore became Winnie the Pooh. I had never been happier in my life. Thoughts of self-doubt, hatred, anger, suicide and everything else that went along with depression went away when I hit the bottle. No matter how hard people might try, no one could disturb my peace of mind or drunken stupor. I was the guy that people played practical jokes on because they knew I would never get upset or start a fight. Never once did the poor me hit me as I was pouring me another drink. The best part was the dark thoughts of suicide were non-existent, if I was drinking.

I worked as a cook and later a chef for seventeen years of my life. I lived off of mostly a liquid diet. I was running the kitchen in a dive bar that had karaoke every night. I worked there for six years and loved every day of it except when I wasn't drinking. A good friend of mine, the bartender knew I was being paid way below what I should have been making and one day asked if the only reason I worked there was to sing karaoke. It was the very first time something clicked in my head and I knew I needed something more. Giving up drinking was not it. I quit very soon afterwards.

I went through relationships here and there and even was the lead singer of a band. Life was getting better. Another friend suggested going back to college, and I did. I met the love of my life and finally believed I was in a life worth living. Alcohol was also still a big part of it. Then the day happened when I got my second DUI. It was thirteen days before the ten-year mark of my first one. I automatically lost my license for two years, the band kicked me out, and the most beautiful woman on the inside and outside broke up with me. I went on a binge and felt sorry for myself for about two weeks. I then dusted myself off and rode a bicycle to work and school for two years.

In college I was studying to be a Fitness Technician which is a step towards Sports Medicine. I was getting in great shape and teaching yoga. I felt great but never stopped drinking. The knowledge I acquired from school helped me realize that I had too much weight coming off too quickly. I went to see the school's nurse practitioner and they ran tests. It was a shock when the tests came back that I had diabetes II. I was told that it was due to my drinking and if I did not stop it could kill me. When a fitness guru gets news like that, it hits your ego hard. So, what did I do? I binged for two weeks and almost left the country to party in Puerto Rico. This was in my last semester of school. I was going to risk everything I had worked so hard for just to drink, including my life.

I finally had a taste of the good life and decided I wasn't going to throw it all away. I went back to the nurse practitioner and said I was ready to listen. I stopped drinking and got healthy. I graduated from college, I was sober, and life was great. I won a trip to Laughlin Nevada to compete in a worldwide karaoke competition; no, I didn't win. I was in a casino for six days and six nights and did not drink. My best friend came out to see me perform where he took me to an AA meeting. I even got a free Big Book there. I didn't read it and had no intentions of going again. I was on top of the world but guess what? I was not powerless over alcohol, I conquered alcohol. I'm not an alcoholic. My friend with the drunk T-shirt is.

After the trip to Laughlin I moved to Arizona to help out family and start a new career and make my fortune. The career didn't come as easily as I thought. Most jobs that would hire me involved cooking. I wasn't going back to that. I had some family but wasn't getting along with them. I had one friend that I knew but he was moving in less than a year. A dark cloud hung over Eeyore. Depression, self-doubt and poor me, poor me, pour me another drink came back. I saw that Big Book that I got at a meeting in the basement of a casino a month prior. I then called friends that I knew were in the program and went to a meeting. I realized by my second meeting that I was powerless over alcohol and that my life had become unmanageable. I could not do this by myself. I now have two and a half years of sobriety and the seven months I did on my own seems like a blink of an eye. With the help from others and a higher power and I can accomplish anything including my desire to drink. It's crazy to think I could ever do this with only me in mind. Remember if you flip the M in me it spells WE.

Joe, Gilbert, Az.

(edited for content)

Please send us your stories; MAIL, EMAIL OR CALL IT IN!!

I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity. Maria D. info@aamesaz.org THANKS!

